



BH Values – Supporting Emotional Wellbeing – KS1.



Teamwork

Working as a team makes everything easier!

- Play a board game with someone at home.
- Build a den with someone in your house.

Kindness

Makes the world go around.

- Give someone a hug.
- Draw somebody a picture.

Honesty

Honesty helps us become better citizens.

- Make an honesty tree.
- Have you ever told a lie? Write a sorry note to the person you lied to.

Respect

We all should be respectful of all people

- Create respect clouds showing how you can show respect.
- Create a comic strip or drawing showing respect.

Knowledge

Knowledge of the world helps us make the Earth a better place.

- Build a knowledge monster.
- Find out something new today.

Empathy

Empathy is important in being a good friend.

- Write about what makes you a good friend.
- Draw a picture of your friend and write about what makes them a great friend.

Resilience

Being resilient makes us better learners.

- Do an activity that makes you happy.
- Be brave – try something totally new that you have never done before.

Tenacity

Being tenacious gives me the drive to achieve more.

- Choose one thing you find difficult and keep practising until you achieve it.
- Paint a picture sharing your hopes and dreams.

Brilliance

We celebrate brilliance across the school.

- Create a chain of brilliance.
- Think of all the things that you are brilliant at, create a brilliance rainbow.



Communication

Being effective communicators helps us to share information with a range of people.

- Play Simon Says with people in your house.
- Talk about something you did today with someone at home.

Imagination

Helps us to solve problems creatively.

- Create a bucket of imagination.
- Pretend to be your favourite character and play using your imagination.

Individuality

We celebrate our individuality.

- Create a box of all the things that make you YOU!
- Listen to your favourite song.