



Dear Parent/Carer

- **NATIONAL CHILD MEASUREMENT PROGRAMME RECEPTION**
- **HEARING SCREENING FOR RECEPTION AGED CHILDREN**

National Child Measurement Programme for Reception

Every year in England, school children in Reception and Year 6 have their height and weight checked at school as part of the National Child Measurement Programme. Since lockdown commenced in March 2020 statistics show that children who were already struggling with their weight have been eating and sleeping more during this enforced period and exercising much less when compared to their routines a year ago. The harmful effects that lockdown has had on children demonstrates the essential role this initiative achieves.

Height and weight measurements are used to calculate weight status. We collect this information because it is in the public interest to understand how many children are overweight; healthy weight or underweight. Your child's class will take part in this year's programme.

The checks are carried out by registered school nurses or trained health care professionals. Children are measured fully clothed, except for their coats and shoes, in a private space away from other pupils.

Working Safely During Covid-19 Pandemic

The School Nursing Team will be adhering to Government and NHS Guidelines whilst working within schools. This will include robust hand hygiene and cleaning arrangements for the measuring equipment and environment used. The team will be wearing Personal Protective Equipment (PPE) and a risk assessment will have been completed.

The information we collect and what it is used for is listed below:

- your child's date of measurement, sex and date of birth are used to calculate your child's weight category
- your child's name, date of birth and NHS Number are used to link your child's measurements in Reception and Year 6. Other data sets may also be linked such as your child's dental survey results or any visits to hospital they may have had. Linking your child's information in this way helps us to understand how and why the weight status of children is changing, and how this affects children's health
- your child's ethnicity and address are used to help understand some of the reasons for the difference and changes in child weight across England

If your child's measurements are outside of the normal range for their Body Mass Index (BMI) this information will be recorded on their school health record and you will be notified by letter within 4 weeks.

Letters are not sent out if your child's measurements fall within a normal range. If you would like to know the measurements please contact your school nurse.

All the data collected is also used for improving health, care and services through research and planning.

All this information is treated confidentially and held securely. No individual measurements will be given to school staff or other children.

Withdrawing your child from the National Child Measurement Programme

If you are happy for your child to be measured, you do not need to do anything.

If you do not want your child's height and weight to be checked, or your child has a medical condition that affects their height or weight please let us know using the contact details provided below:

You can either call (asking for the School Nursing team) on 01926 495321 EXT: 7494 or send an email to swg-tr.moathouseschoolnursing@nhs.net, stating your child's name, date of birth and school. We require you to do this by Tuesday 11th May 2021

Children will not be made to take part on the day if they do not want to.

Hearing Screening for Reception Aged Children

If you have concerns about your child's hearing you can book them in to one of our hearing screening clinics. The screening will be carried out by trained members of our school nursing team. If your child is identified as having a hearing problem they will be referred to the City of Coventry Health Centre for a further hearing test.

Signs of a possible hearing problem can include:

- **Inattentiveness or poor concentration**
- **Not responding when their name is called**
- **Talking loudly and listening to the television at a high volume**
- **Difficulty pinpointing where a sound is coming from**
- **Mispronouncing words**
- **A change in their progress at school**

If your child has problems with any of these and you wish your child's hearing to be screened then please contact your school nurse team. You can either call (asking for the School Nursing team) on 01926 495321 EXT: 7494 or send an email to swg-tr.moat-houseschoolnursing@nhs.net, stating your child's name, date of birth and school.

Details of your child and any hearing tests following the screen may be kept on a database. This information will be used for monitoring the success and evaluating the benefits of the screen. All requirements of the Data Protection Act 2018 will be met during the storage of the data. No information will be published in a form that could identify you or your child.

If you wish to discuss either the measurement programme or the hearing screening you are welcome to contact your school nurse.

For advice and support during these uncertain times you can visit some of the following websites for more information and support on your mental health and wellbeing.

<https://www.nhs.uk/oneyou/every-mind-matters>

<https://cwrise.com/>

youngminds.org.uk/

www.rethink.org/

www.mind.org.uk/cwrise.com/

<https://youngminds.org.uk/blog/what-to-do-if-your-child-is-anxious-about-going-back-to-school/> - Support for parents/carers

<https://beaconschoolsupport.co.uk/newsletters/the-new-normal-returning-to-school-after-COVID-19>

<https://www.autismhampshire.org.uk/index/covid-19-resources/transition-back-to-school-after-lockdown-resources> - Autism support

The Mental Health Foundation has some helpful tips and ideas about coping with the COVID-19 outbreak and isolating:

www.mentalhealth.org.uk/publications/looking-after-your-mental-health-during-coronavirus-outbreak

Parents can apply for a sunshine lanyard for children with a hidden disability. This means they do not have to wait in queues and can go straight in. Click here/visit site to order one:

<https://hiddendisabilitiesstore.com/?SID=5ebe5860eca442d46ed981c2a4d6e0d2>

Lockdown is easing and children are back at school, which means more traffic and activity will be noticed on streets and roads.



Road Safety

<https://www.rospa.com/media/documents/road-safety/teaching-road-safety-a-guide-for-parents.pdf>

<https://www.think.gov.uk/resource/lesson-1-do-you-stop-look-listen-think/>

<https://www.roadwise.co.uk/schools/using-the-road/green-cross-code/>

<https://www.capt.org.uk/contact>— Child Accident Prevention Trust Advice for Parents on Road Safety plus much more.

www.facebook.com/ChildAccidentPreventionTrust

Sleep

<https://thesleepcharity.org.uk/> - formerly known as The Children's Sleep Charity

<https://sleepcouncil.org.uk/>

Dental

NHS guidance for children's teeth

<https://www.nhs.uk/live-well/healthy-body/taking-care-of-childrens-teeth/>

Health for kids website for local information for adults and lots of learning activities and games for children / Health for Teens website for Teenagers/young people, lots of information on health and wellbeing

www.healthforkids.co.uk

www.healthforteens.co.uk

How the data is used

The information collected from all schools in the area will be gathered together and held securely by Coventry School Nursing service. We will store your child's information as part of their local child health record on the NHS's child health information database and share it with their GP.

All the information collected about your child will be sent by us to NHS Digital. NHS Digital is responsible for collecting data and information about health and care so that this can be used to monitor and improve the care provided to people across England.

The information collected about your child will also be shared by NHS Digital with Public Health England but in a de-personalised form only. This means Public Health England will not be able to identify your child. Public Health England is responsible for working to protect and improve the nation's health.

Both NHS Digital and Public Health England will use the information from the National Child Measurement Programme to better understand numbers and trends in child weight and body mass index (BMI). This helps with the planning of services to support healthy lifestyles in your area. No information will ever be published by NHS Digital or Public Health England that identifies your child.

De-personalised information from the National Child Measurement Programme may also be shared by NHS Digital with other organisations, such as universities. This is to help improve health, care and services through research and planning. This information cannot be used to identify your child, and NHS Digital only ever shares information for research with the approval of an independent group of experts.

Further information

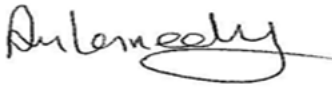
Further information about the National Child Measurement Programme can be found at <https://www.nhs.uk/live-well/healthy-weight/national-child-measurement-programme>

Information and fun ideas to help your kids stay healthy can be found at <https://www.nhs.uk/change4life>

Information about how NHS Digital and Public Health England collect and use information can be found at <https://digital.nhs.uk/about-nhs-digital/our-work/keeping-patient-data-safe/how-we-look-after-your-health-and-care-information> and <https://www.gov.uk/government/organisations/public-health-england/about/personal-information-charter>

Information about the organisations NHS Digital has shared information from the National Child Measurement Programme can be found at <https://digital.nhs.uk/services/national-child-measurement-programme>

Yours sincerely



Annemarie Kennedy
Coventry School Nursing Clinical Lead
Coventry Family Health and Lifestyle Services



@coventryfamilyhealthandlifestyleservice



@CoventryFHLS

