



To Gain

Child Wellbeing Policy

Purpose

Broad Heath Primary School seeks to promote and support the health and well being of all pupils and provides education and care that recognises the individual needs of every child. The health and welfare of our pupils is paramount and we know that children who feel happy and secure are more able to achieve and thrive within school and the wider community. We deeply care about each individual and recognise the uniqueness of every child. The purpose of this policy is to provide a framework for procedures and responsibilities to support the health and well being of all our pupils.

Aims

The school aims to serve its community by providing education of the highest quality embedded in the context of our school ethos and practices. It encourages an understanding of the meaning of wellbeing and promotes British values and our school values through the experience it offers pupils. The ethos of the school promotes the spiritual, moral, cultural, emotional, social and academic progress of every child, within a safe, secure and positive learning environment, in which all learners can thrive.

Our Wellbeing Curriculum

In our mission, we endeavor to find ways to show care, courtesy and concern to others in our daily lives. We emphasise the importance of gratitude and resilience and how, through expressing our feelings, we can pursue true lasting happiness.

Wellbeing days:

Once a half term, each year group organizes a "Wellbeing Day" whereby a range of activities are planned which promote ways in which children can support their own wellbeing, and in doing so, they can seek fulfilment, strengthening connections of mind, body and spirit. We use The New Economics Foundation (NEF) 5 ways to wellbeing to structure our days: Connect, Be Active, Keep Learning, Give and Take Notice. Each year group has an annual plan which builds on prior knowledge, incorporates Personal & Social skills and Broad Heath values and has an element of creativity.

Roles & responsibilities in school:

We provide many opportunities which encourage pupils to have responsibilities in school in their roles as School Councillors, Young Ambassadors, Junior PCSOs, Online Safety Monitors and Eco-Councillors. These roles promote self-confidence and a sense of pride and self-worth in society.

Extra-curricular clubs:

Recognising that an active life beyond the classroom promotes wellbeing, we ensure that every child has the opportunity to take part in an after-school club from sports clubs, Coding Club, Skint2Mint, Florida Schools, school choir. Opportunities for children to perform and compete with other schools and societies is a focus for us.

Pastoral team:

Our proactive pastoral team develop strong relationships with both pupils and parents. Regular wellbeing questionnaires are completed by children and parents as well as the anti-bullying questionnaire and concerns are followed up by the team. Our children have the right to feel safe and free from risk of harm and should feel able to talk freely and openly to any member of staff, if they have any worries or problems of any kind on a work or personal level.

Staff will respond to children in an appropriate manner, offering advice, support, guidance and reassurance in conjunction with our other policies, including our Child Protection Policy (in the case of child protection issues, confidentiality cannot be guaranteed and the staff member may have to involve the designated Person for Child Protection).

We are also open to parents and their views, concerns and comments. The Headteacher, Pastoral team and staff are always willing to meet with parents to discuss any issues. In addition, we run a variety of Parenting Courses termly and have a fully supportive Friends of Broad Heath coffee morning group. The Pastoral team also supports children at lunchtimes through organized groups which seek to develop confidence and relationships, such as Bad Apple.

Working With Parents

If there are any concerns or worries, parents are encouraged to talk to their child's class teacher initially, followed by a Senior Teacher, the Assistant Head Teachers or Head Teacher whose door is always open. Parents should feel able to share concerns about home circumstances or medical matters that might affect their child's work or behaviour in school. All discussions are treated as confidential. However, Child Protection procedures must be followed where appropriate.

Bullying

The school has a very clear policy in place. **All forms of bullying behaviour are unacceptable and will not be tolerated.** Pupils and parents should feel free to talk to a member of staff at any time about this issue. Bullying diminishes both the bullied and the bully- we work with both in all cases of bullying, and their parents if necessary.

Healthy Lifestyles

The school's curriculum promotes at least two hours quality Physical Education each week. This is often added to through extra curricular activities. We encourage meaningful play at playtimes, through the use of suitable toys and equipment. The Science and PSHE curriculum also promote healthy lifestyles through a deeper understanding of our bodies.

Working With Outside Agencies

Broad Heath Primary School maintains close links with various outside agencies involved in the care of children. These include the Special Needs Team, Children's Social Care, Early Health Care Team, The Attendance Team, the Behaviour Specialist Advisor, Learning Support Service, Education Welfare Officer and the Educational Psychology Service. We also maintain a very close working relationship with the School Nurse and Health Visitors.

Medical Needs/ Accidents and Injuries

The school works with relevant health professionals to ensure vision, hearing and health checks as appropriate. There is a school policy on the giving of medicine in school (this is available from the website or school office). All accidents/minor bumps are recorded in a book by relevant staff. If they are of deeper concern they will be communicated to parents as soon as possible. All bumped heads are accompanied by a letter home to parents.

Further Provision

At Broad Heath, we are aware that certain groups of children are at particular risk and a programme of support may be put in to place to support such pupils if needed:

- those under the care of Children's Social Care
- looked-after children
- children with special needs
- ethnic minority children
- travellers
- those from families experiencing stress, e.g. bereavement
- children with school phobia
- children with long-term absence from school for medical reasons.

Please refer to these **key policies** which support our Pupil Wellbeing Policy:

Teaching and Learning

Health and Safety

Child Protection

Safeguarding

Anti-Bullying

Equality

Behaviour

Personal, Social and Health Education (PSHE)

Healthy Eating

Physical Education

Signed:

Date:

December 2021

Next review date: December 2022